

37th annual

GULF COAST GAMES FOR LIFE

Jan. 17 - Feb. 21, 2026

SENIOR GAMES



First event registration deadline: Jan. 3, 2026

Each event closes two weeks prior to the event date.



ARCHERY

BAG TOSS (CORN HOLE)

BASKETBALL SHOOTING

BOWLING

CYCLING

GOLF

PICKLEBALL

RACE WALK/POWER WALK

RACQUETBALL

5K ROAD RACE

ROWING AND PADDLE

SHUFFLEBOARD

SWIMMING

TABLE TENNIS

TARGET SHOOTING

TRACK AND FIELD



Register online at
SarasotaCountyParks.com
or scan the QR code.

GULF COAST GAMES FOR LIFE 2026 SCHEDULE OF EVENTS

Times listed on the schedule are competition start times.
Please see the individual sport pages for check-in times.

City of North Port

Manatee County

Sarasota County

EVENT	Sat. Jan. 17	Sat. Jan. 24	Sun. Jan. 25	Mon. Jan. 26	Tues. Jan. 27	Wed. Jan. 28	Thurs. Jan. 29	Sat. Jan. 31	Tues. Feb. 3	Wed. Feb. 4	Thurs. Feb. 5	Fri. Feb. 6	Sat. Feb. 7	Fri. Feb. 13	Fri. Feb. 20	Sat. Feb. 21
Archery																10 a.m.
Bag Toss (Corn Hole)															10 a.m.	
Basketball Shooting														1 p.m.		
Bowling											Singles 10 a.m. Doubles Noon Mixed Doubles 2 p.m.					
Cycling			7 a.m.													
Golf												1 p.m.				
Pickleball									Women's Doubles 1 p.m.	Men's Doubles 1 p.m.	Mixed Doubles 1 p.m.					
Race Walk/ Power Walk		9 a.m.														
Racquetball					Singles 1 p.m.		Doubles 1 p.m.									
5K Road Race	8 a.m.															
Rowing and Paddle								9 a.m.								
Shuffleboard						9 a.m.										
Swimming													11 a.m. warm-ups			
Table Tennis				Singles 9 a.m. Doubles 11 a.m. Mixed Noon												
Target Shooting								9 a.m.								
Track and Field		9 a.m.														

2026 GULF COAST GAMES FOR LIFE (SENIOR GAMES)

WE INVITE YOU

The Florida Senior Games Series is a multi-sport event program for amateur athletes ages 50 and over. The series consists of events throughout Florida leading up to the Florida Senior Games in December 2026. The Florida Senior Games continues to grow and provide fun, fellowship, fitness and competition for Florida's fastest-growing age group.

The focus of the Senior Games is not to win, but to participate. The Florida Senior Games are designed to:

- Encourage and promote healthy lifestyles for Florida's seniors.
- Give Florida's seniors the opportunity to compete at the local, state and national level.
- Provide an affordable and quality multi-sport festival that Florida seniors can call their own.

Our counties remain committed to providing opportunities for active adults to engage in a healthy lifestyle through programs such as Gulf Coast Games for Life and by enjoying our beautiful parks and preserves. It is our sincere pleasure to invite you to the 2026 Gulf Coast Games for Life.

Kindest regards,



Sandy Pfundheller
Director
City of North Port
Parks and Recreation



Molly White
Director
Manatee County
Sports and Leisure Services Department



Nicole Rissler
Director
Sarasota County
Parks, Recreation and Natural Resources



2026 LOCAL QUALIFYING SENIOR GAMES

FOR MORE INFORMATION ON THESE QUALIFIERS, VISIT FLORIDASENIORGAMES.COM.

Spring 2026

Gulf Coast Games for Life
Jan. 17 - Feb. 21, 2026
Manatee County/Sarasota County, FL

Capital City Senior Games
Tallahassee, FL

Delray Beach Senior Games
Delray Beach, FL

**Good Life Games of
Pinellas County**
Clearwater, FL

Heartland Senior Games
Avon Park, FL

Inverness Senior Games
Inverness, FL

Lee County Senior Games
Fort Myers, FL

Polk Senior Games
Bartow, FL

Port Orange Senior Games
Port Orange, FL

The Villages Senior Games
The Villages, FL

Fall 2026

**Charlotte County
Fit For Life Senior Games**
Englewood, FL

Cutler Bay Senior Games
Cutler Bay, FL

Gainesville Senior Games
Gainesville, FL

Golden Age Games
Sanford, FL

Jacksonville Senior Games
Jacksonville, FL

Martin County Senior Games
Stuart, FL

Ormond Beach Senior Games
Ormond Beach, FL

**Palm Coast and the Flagler
Beaches Senior Games**
Palm Coast, FL

Pensacola Senior Games
Pensacola, FL

Tampa Bay Active Life Games
Tampa, FL

Village of Pinecrest Senior Games
Pinecrest, FL

December 2026

Florida Senior Games
Florida's Sports Coast/Pasco County
Qualifier for the 2027 National Senior
Games, to be held in Tulsa, Oklahoma

Please check with the respective
local games for dates and
further information by visiting
FLORIDASENIORGAMES.COM
/All-Sports-Schedule

ARCHERY

Barebow Compound, Barebow Recurve, Compound Finger, Compound Release, Recurve

Location: George Mullen Activity Center - Outdoors

Date: Saturday, Feb. 21

Time: 10 a.m.

Registration closes: Saturday, Feb. 7

For information, call 941-429-PARK (7275).

Order of shoot: 60 – 50 – 40 yards

Entry Regulations

- Archers may provide their own bows and target arrows.
- There are a limited number of bows and target arrows available for those to borrow at the event.
- Archers may only compete in one style.
- Onsite registration will not be permitted.
- Check-in time starts at 9 a.m.

Format

- The “900” American round will be used for all competition. Ninety arrows will be shot as follows: 30 arrows from 60 yards (five ends of six arrows), 30 arrows from 50 yards (five ends of six arrows) and 30 arrows from 40 yards (five ends of six arrows).
- Ends will be shot in one set of six arrows with five minutes allowed for each end to be shot. When three arrow ends are necessary, each end will consist of one set of three arrows with 2-1/2 minutes allowed for each end to be shot.
- Three or four archers will be grouped per target shooting in two lines (A and B). Archers will rotate with their target mates after each end (A-B, B-A, etc).

Sport Rules

All archery events will be conducted in accordance with NAA (National Archery Association), NFAA (National Field Archery Association) and FAA (Florida Archery Association) rules, except as modified by the Florida Senior Games sport rules. For more information, visit FloridaSeniorGames.com/Archery/



BAG TOSS (CORN HOLE)

Singles

Location: George Mullen Activity Center

Date: Friday, Feb. 20

Time: 10 a.m.

Registration closes: Friday, Feb. 6

For information, call 941-429-PARK (7275).

Entry Regulations

- Onsite registration will not be permitted.
- Bags and boards will be provided.
- Check-in time starts at 9 a.m.

Format

- Matches will be best two out of three games.
- Each game is divided into a maximum of eight frames or the first person to score 21 points.
- Coin toss will determine choice of throwing side, who throws first and choice of bag color. Choice of side changes each game.
- For men 50-69, the boards will be 24 feet apart. For men 70 and older and all women, the boards will be 20 feet apart.
- Single elimination is planned.
- The tournament director reserves the right to change the format based on total number of athletes in a division.

BECOME A FRIEND OF THE GULF COAST GAMES FOR LIFE

Friends of the Gulf Coast Games for Life are a very special group of people who support us with a contribution of \$10 or more. Complete and return the form on page 8.

BASKETBALL SHOOTING

Free Throw/Spot Field Goal/ Timed Field Goal

Location: Longwood Park

Date: Friday, Feb. 13

Time: 1 p.m.

Registration closes: Friday, Jan. 30

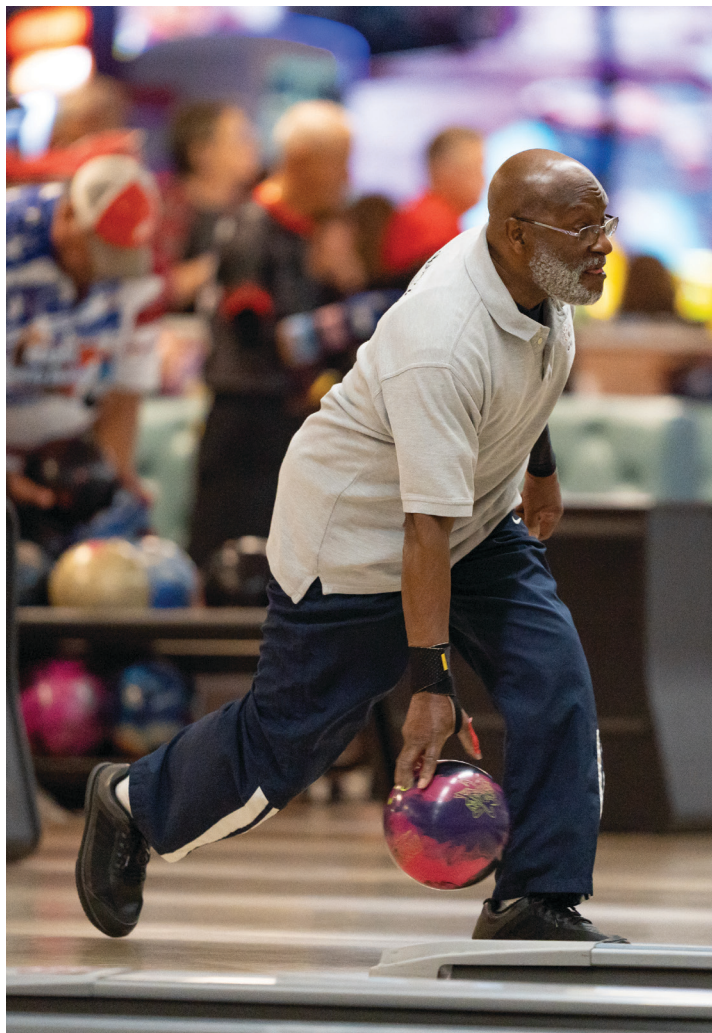
For information, call 941-861-PARK (7275).

Entry Regulations

- Onsite registration will not be permitted.
- Basketballs will be provided.
- Check-in time starts at 12:30 p.m.

Format

- Free Throw: three rounds of 10 shots (from free throw line).
- Spot Field Goal: three rounds of five shots (five spots).
- Timed Field Goal: three rounds for 60 seconds (five spots). Cannot shoot consecutive layups.



BOWLING

Singles/Doubles/Mixed Doubles

Location: Bowlero Bradenton

Date: Thursday, Feb. 5

Time: 10 a.m.

Registration closes: Thursday, Jan. 22

For information, call 941-742-5923.

Entry Regulations

- Onsite registration will not be permitted.
- You may enter in all events if desired.
- A facility fee of \$15 is due the day of the event.
- Each participant must enroll.

Format

- Scratch scoring.
- Bowlers will be divided into squads based upon entries within their age group.
- All events will consist of one set of three games.
- Winners are determined by total pins over three games - same lane.
- Schedule:
 - Singles 10 a.m.
 - Doubles Noon
 - Mixed Doubles 2 p.m.

CYCLING

5K/10K

Location: Myakka River State Park

Date: Sunday, Jan. 25

Time: 7 a.m.

Registration closes: Sunday, Jan. 11

For information, call 941-861-PARK (7275).

Entry Regulations

- Onsite registration will not be permitted.
- Cyclists must provide their own bike and helmet.
- Main (south) gate entrance open 6:15 - 6:45 a.m. only

Format

- Race will be held on the open road.
- All starts will be of equal intervals (30 seconds or less).
- 10K race will go first, with 5K following with a short break in between.

IT STARTS IN
PARKS

GOLF

Scratch

Location: Manatee County Golf Course

Date: Friday Feb. 6

Time: Tee times begin at 1 p.m.

Registration closes: Friday, Jan. 23

For information, call 941-742-5923.

Entry Regulations

- Onsite registration will not be permitted.
- Golf cart use is mandatory.
- A facility fee of \$59 plus tax is due at the course and includes green fees, cart fee and range balls. Lunch is available to purchase from the clubhouse.
- Tee times begin at 1 p.m.
- Scores to be turned into the pro shop after round and results will be shared via email. Medals will be handed out when scorecard is turned in.

Format

- Tee time format. No handicaps used.
- Governed by U.S.G.A. Local rules will also be in effect.
- Pairings are based on gender and age for competition purposes.
- Tee times will be distributed to participants prior to event date.



PICKLEBALL

Doubles, Mixed Doubles

Location: Walton Racquet Center at G.T. Bray Park - Outdoor Courts

Time: 1 p.m. each day

Registration closes: Thursday, Jan. 22

For more information, or questions about brackets or start time, call 941-742-5973.

Women's Doubles: Tuesday, Feb. 3

Men's Doubles: Wednesday, Feb. 4

Mixed Doubles: Thursday, Feb. 5

Participants will be notified by email of their start times on or before Jan. 29.

Entry Regulations

- A facility fee of \$5 is due each event day.
- Onsite registration will not be permitted.
- Participants must bring their own paddles.
- Pickleballs (Franklin X40) will be provided.
- Each participant and their doubles partner must enroll.
- Partners will not be assigned, you must register with a partner.
- Arrival time is 12:30 p.m.

Format

- Divisions are by age, not playing level.
- Round robin to bracket format is planned.
- Game and point format will be determined based on number of teams per division.
- Event will be held outdoors on 20 courts (14 under roof).
- Event directors reserve the right to change format based on number of entries.

RACE WALK/POWER WALK

5000M (5K) Power Walk

5000M (5K) Race Walk

1500M Race Walk

Location: Saint Stephen's Episcopal School

Date: Saturday, Jan. 24

Time: 9 a.m.

Registration closes: Saturday, Jan. 10

For information, call 941-742-5923.

Entry Regulations

- Onsite registration will not be permitted.
- Athletes arrive at 8:30 a.m.
- Meeting and event kick-off at 8:50 a.m.
- Prior to registering for Race Walk, please be familiar with USA Track and Field (USATF) rules. Race Walk will be judged strictly in accordance with USATF rules.

Format

- Athletes may not enter both 5000M walking events.
- Both 5000M walking events run simultaneously.
- All events are timed finals.
- 9 a.m.: Field events open and 5000M Race Walk begins.
- Athletes must stay alert and listen for first call. Once an event is over, the next event will immediately start.

RACQUETBALL

Singles, Doubles

Location: Sarasota City YMCA

Time: 1 p.m.

Registration closes: Thursday, Jan. 15

For information, call 941-861-PARK (7275).

Singles: Tuesday, Jan. 27 1 p.m.

Doubles: Thursday, Jan. 29 1 p.m.

Entry Regulations

- Onsite registration will not be permitted.
- Players must provide their own rackets and eye protection must be worn. Balls will be provided.
- Each participant and their doubles partner (if applicable) must enroll. Doubles partners will not be assigned.
- You will be notified of your first match by Friday, Jan. 23.
- Check-in time is 12:30 p.m.

Format

- The number of entries will determine the type of tournament.
- There will be age group divisions; however, age groups will be combined if necessary to facilitate play.

5K ROAD RACE

(Part of the Rockin' Run and Roll 5K)

Location: Morgan Family Community Center

Date: Saturday, Jan. 17

Time: 8 a.m.

Registration closes: Saturday, Jan. 3

For information, call 941-429-PARK (7275).

Entry Regulations

- Onsite registration will not be permitted.
- Check-in begins at 7 a.m. and race starts promptly at 8 a.m.
- Race registration fee of \$30 is due at time of registration.

Format

- All age divisions will run simultaneously.
- A 3.1-mile paved surface course will be used.
- Race numbers must be worn and visible at all times.
- Competitors must pass through the entire finish chute to qualify as an official finisher.
- Race will be conducted in accordance with USA Track and Field (USATF) rules.



ROWING AND PADDLE

Olympic-Style Rowing, Outrigger Canoe, Sit-on-Top Recreational Kayak, Standup Paddle

Location: Nathan Benderson Park

Date: Saturday, Jan. 31

Time: 9 a.m.

Registration closes: Saturday, Jan. 17

Participants will be emailed a schedule of events with race time prior to Jan. 23.

For information, call 941-705-9194.

Entry Regulations

- Onsite registration will not be permitted.
- Mandatory personal flotation device and leash (applicable to paddle sports).
- Bring your own boat. Rental equipment is available with advance request (additional fee).
- Check-in will begin at 8 a.m. under the finish tower.

Event – Olympic-Style Rowing

- USRowing Master Rowing Rules.
- 1000 meters.
- 1x single.
- 2x double.
- Reverse handicap.
- Each flight is a final.

Event – Outrigger Canoe

- 500 meters sprint course.
- Each flight is a final.

Event – Sit-on-Top Kayak

- Kayak will be provided.
- 200 meters.
- 500 meters.

Event – Standup Paddle

- Open class.
- 200 meters.
- 500 meters.



SHUFFLEBOARD

Singles, Doubles

Location: Hecksher Park Shuffleboard

Date: Wednesday, Jan. 28

Time: 9 a.m.

Registration closes: Wednesday, Jan. 14

For information, call 941-861-PARK (7275).

Entry Regulations

- Onsite registration will not be permitted.
- Players must provide their own cues. Disks will be provided.
- Each participant and their doubles partner (if applicable) must enroll. Doubles partners will not be assigned.

Format

- Round robin format is planned.
- Matches are 12 frames or 75 points, whichever occurs first, for both singles and doubles competition.
- There will be age group divisions; however, age groups will be combined if necessary to facilitate play.



SWIMMING

See registration form for individual events.

Location: Selby Aquatic Center

Date: Saturday, Feb. 7

Time: 11 a.m. warm-ups, noon start

Registration closes: Saturday, Jan. 24

For information, call 941-861-PARK (7275).



Entry Regulations

- Onsite registration will not be permitted.
- Swimmers are limited to five events.
- Please provide seed times if available.
- The pool is a heated outdoor facility.

Format

- Event recognized through U.S. Masters Swimming.
- All swimming will be timed finals.
- Order of events can be found on registration form (pg. 11).
- Events will be in yards and in a short course format.

TABLE TENNIS

Singles/Doubles/Mixed Doubles

Location: Englewood Sports Complex

Date: Monday, Jan. 26

Time: Check-in time starts at 8:30 a.m.

Registration closes: Monday, Jan. 12

For information, call 941-861-PARK (7275).

Entry Regulations

- Onsite registration will not be permitted.
- Players must provide their own paddles. Balls will be provided.
- Each participant and their doubles partner (if applicable) must enroll. Doubles partners will not be assigned.

Format

- The number of entries will determine the type of tournament.
- There will be age group divisions; however, age groups will be combined if necessary to facilitate play.
- Schedule:
 - Singles 9 a.m.
 - Doubles 11 a.m.
 - Mixed Doubles Noon

TARGET SHOOTING

50 yards

Location: Knight Trail Park Pistol and Rifle Range

Date: Saturday, Jan. 31

Time: 9 a.m.

Registration closes: Saturday, Jan. 17

For information, call 941-861-9797.

Entry Regulations

- Onsite registration will not be permitted.
- Check-in time: 8:30 a.m.
- Participants must provide their own 22 rimfire rifles and ammunition.
- A safety briefing will be conducted prior to the start of the competition. All athletes must attend.
- Targets and cardboard will be provided.

Format

- Single-elimination tournament.
- There will be two classes:
 - Open/Iron sight
 - Telescopic sight
- Competition will be offered at 50 yards.
- The winner will be decided upon the best of three, 10 shot iterations with a 10-minute time limit.
- In case of a tie, winner will be closest to the X.



2026 GULF COAST GAMES FOR LIFE EVENTS

TRACK AND FIELD

See entry form for individual events.

Location: Saint Stephen's Episcopal School

Date: Saturday, Jan. 24

Time: 9 a.m.

Registration closes: Saturday, Jan. 10

For information, call 941-742-5923.

Entry Regulations

- On-site registration will not be permitted.
- Athletes arrive at 8:30 a.m. Meeting and event kick-off at 8:50 a.m.
- Entry is limited to five events.
- Discus and shots will be provided. Must provide own javelin.
- Please provide seed times, if available.

Format

- All track events are timed finals.
- Field events will allow three attempts at each event.
- 9 a.m. Field events open and 5000M Race Walk begins.

- Field events will stay open / all other events will be "Rolling Start" in the projected order:
- 5000M Race Walk
- 100M Dash
- 1500M Run
- 400M Dash
- 1500M Race Walk
- 200M Dash
- 800M Run
- 50M Dash
- Athletes must stay alert and listen for first call. Once an event is over, the next event will immediately start.



Thank you to the 2025 Friends of the Gulf Coast Games - we appreciate your support!

Jeff Cohen, Michael B. Dolan, Patrick Hussey, Rick Johnson, Lawrence Kissner, Amy McCormack, Kevin McCormack, Martin Rosch, John Shenk

BECOME A FRIEND OF THE GULF COAST GAMES FOR LIFE

Friends of the Gulf Coast Games for Life are a very special group of people who support us with a contribution of \$10 or more. Please include with your registration.

Name: _____ Phone: _____

Address: _____ Apt. #: _____

City: _____ State: _____ Zip: _____

Contribution: \$10 \$25 \$50 \$100 Other \$ _____



2026 GULF COAST GAMES FOR LIFE ELIGIBILITY

ELIGIBILITY

Events are open to amateur athletes 50 and older as of Dec. 31, 2026. Age division is determined by age on Dec. 31, 2026.

AGE DIVISIONS

50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90+.

The age of the youngest member of a doubles or mixed doubles team will determine the age division of the team. Age divisions may be combined, as needed, for competition, based on entries.

REGISTRATION FEE

Apply online, by phone or by mail. A one-time registration fee of \$13 entitles each participant to a T-shirt. There is an additional \$4 fee for each event (including your first event).

Divisions or categories within a sport count as individual events. For example, if you register for Basketball Shooting and want to participate in all three events (Free Throw, Spot Field Goal, Timed Field Goal), you will pay a \$13 registration fee and a \$12 event fee (\$4 per event), resulting in a total fee of \$25.

FACILITY FEES

An additional facility fee will be charged for the following events:

- Bowling: \$15 (tax included) for three games.
- Golf: \$59 (plus tax) is due at the course and includes green fees, cart fee and range balls. Lunch is available to purchase from the clubhouse.
- Pickleball: \$5 each event day.

The above fees are payable the day of the event at the designated facility.

- 5K Road Race: \$30

The 5K Road Race fee is payable at the time of registration.

REFUNDS

All refunds may be subject to a \$25 administrative fee. No refunds will be issued after each event registration deadline. Exception: refunds will be issued if an event is canceled by a Gulf Coast Games for Life official or if a doubles partner cannot be found.

SCHEDULE/TIME CONFLICTS

Gulf Coast Games for Life officials highly recommend that participants choose their events carefully so as not to create scheduling conflicts. Keep in mind that event directors reserve the right to combine, modify, delay, postpone or cancel any event due to inclement weather.

AWARDS

Medals are awarded to first, second and third place finishers in each age division. If you do not receive your medal(s) at the end of your competition, you may pick them up at the G.T. Bray Park Recreation Center (Bradenton) or Pompano Trailhead (Sarasota). The top five finishers per age group qualify to participate at the 2026 Florida Senior Games. Rowing and Paddle and Target Shooting events are not offered at Florida Senior Games.

ENTRY DEADLINE

Entry form and payment are due two weeks prior to each event date, starting Jan. 3, 2026, and the last on Feb. 7, 2026. No late registrations will be accepted for any event. Entry fees are payable in advance by check, cash, money order or credit card. You may register by mail, phone or online.

MAIL OR DROP-OFF REGISTRATION

Gulf Coast Games for Life
c/o Sarasota County Parks, Recreation and
Natural Resources
Pompano Trailhead
601 S. Pompano Ave.
Sarasota, FL 34237

Please make checks payable to Sarasota County Parks, Recreation and Natural Resources.

ONLINE REGISTRATION

Register online at SarasotaCountyParks.com.

- On the top right side of the page, click Registration and Reservation.
- In the upper right-hand corner of the page, click Sign In/Register.
- Click on Search - Activities Search.
- Use keywords "Gulf Coast Games for Life."
- Click on the plus sign on the left-hand side to select the events you want.
- Be sure to select "Games for Life Registration" first. Then add in each individual event(s).
- Click "Add To Cart" at the bottom of the screen to add the selected events to your cart.
- Check out and pay.
- For any questions regarding online registration, please call 941-861-PARK (7275).

PHONE REGISTRATION

To register by phone, please call 941-861-PARK (7275).

GENERAL INFORMATION



GENERAL INFORMATION

Gulf Coast Games for Life is a local qualifying senior games event for the 2026 Florida Senior Games (held in December), which is a qualifier for the 2027 National Senior Games, to be held in Tulsa, Oklahoma. For more information, visit FloridaSeniorGames.com



To enter:

- Please check event(s) on the next page that you wish to enter. We recommend you make a copy of your entry form for future reference.
- Check the event schedule carefully to avoid any conflicts.
- Individual entry is required by all. If you are entering a doubles event, both players need to register individually. Please be sure that you include your partner's name(s) in the designated space on your form. Partners will not be assigned. Partners may not be changed once the registration deadline has passed.
- **DEADLINE FOR ENTRY:** Each event closes two weeks prior to event date. No refunds issued after event deadline.
- **PLEASE NOTE:** Results will be emailed to all athletes with a valid email on file after the conclusion of the games.

Registration Fee: \$13 includes event T-shirt (does not include any events).

Entry Fee: \$4 per event (including first event).

Example: A participant who enters one event will pay \$17 (registration fee of \$13 and a \$4 event fee).

Facility Fees:

The following are additional fees associated with the facility where you will be participating. Do not send money for these events with your registration.* These fees are considered separate from your registration and payable to the facilities listed below. Payment is due at check-in or before your first game(s) or match.

* For the 5K Road Race, there is an additional \$30 fee that is due with the registration fee, not separately.

Event	Payment Site	Amount
Bowling	Bowlero Bradenton	\$15
Golf	Manatee County Golf Course	\$59 (plus tax)
Pickleball	Walton Racquet Center at G.T. Bray Park	\$5 each event day
5K Road Race	Payment due with registration fee	\$30

2026 GULF COAST GAMES FOR LIFE REGISTRATION FORM

REGISTRATION DEADLINE: EACH EVENT CLOSES TWO WEEKS PRIOR TO THE EVENT. NO REFUNDS WILL BE ISSUED AFTER EACH EVENT DEADLINE.

Mail to: Gulf Coast Games for Life c/o Sarasota County Parks, Recreation and Natural Resources, Pompano Trailhead, 601 S. Pompano Ave., Sarasota, FL 34237

Please PRINT clearly. Each participant must fill out a registration form and sign a waiver onsite at event.

Name: _____ Date of Birth: ____ / ____ / ____ Gender: M / F

Address: _____ Apt. #: _____ Phone: _____

City: _____ State: _____ Zip: _____ Email: _____

Emergency Contact Name: _____ Phone: _____ Relationship: _____

T-shirt Size: _____ Small Medium Large XL 2XL 3XL

(Short sleeve shirts are unisex and 100% cotton.)

Please check registration fee and all events you wish to enter.

Registration Fee

Does not include any events

☐ Per person \$13

Archery *

☐ Barebow Compound \$4

☐ Barebow Recurve \$4

☐ Compound Finger \$4

☐ Compound Release \$4

☐ Recurve \$4

Bag Toss (Corn Hole) *

☐ Singles \$4

Basketball Shooting *

☐ Free Throw \$4

☐ Spot Field Goal \$4

☐ Timed Field Goal \$4

Bowling *

☐ Singles \$4

☐ Doubles \$4

☐ Mixed Doubles \$4

Partner _____ Age _____

Mixed _____ Age _____

Cycling *

☐ 5K \$4

☐ 10K \$4

☐ Recumbent 5K \$4

☐ Recumbent 10K \$4

Golf *

☐ Scratch \$4

Pickleball *

☐ Men's Doubles \$4

☐ Women's Doubles \$4

☐ Mixed Doubles \$4

Partner _____ Age _____

Mixed _____ Age _____

Race Walk/Power Walk *

☐ 5000M (5K) Power Walk \$4

☐ 5000M (5K) Race Walk \$4

☐ 1500M Race Walk \$4

Racquetball *

☐ Singles \$4

☐ Doubles \$4

Partner _____ Age _____

5K Road Race *

☐ 5K Road Race \$34

Rowing and Paddle

☐ 1x Olympic-Style Rowing 1000M \$4

☐ 2x Olympic-Style Rowing 1000M \$4

Partner _____ Age _____

☐ Outrigger Canoe 500M \$4

☐ Sit-On-Top Kayak 200M \$4

☐ Sit-On-Top Kayak 500M \$4

☐ Standup Paddle 200M \$4

☐ Standup Paddle 500M \$4

Shuffleboard *

☐ Singles \$4

☐ Doubles \$4

Partner _____ Age _____

Swimming * (maximum five events)

☐ 100Y Freestyle \$4

☐ 200Y Individual Medley \$4

☐ 200Y Backstroke \$4

☐ 50Y Butterfly \$4

☐ 100Y Breaststroke \$4

☐ 50Y Freestyle \$4

☐ 100Y Individual Medley \$4

☐ 50Y Breaststroke \$4

☐ 100Y Backstroke \$4

☐ 200Y Freestyle \$4

☐ 100Y Butterfly \$4

☐ 50Y Backstroke \$4

☐ 500Y Freestyle \$4

Table Tennis *

☐ Singles \$4

☐ Doubles \$4

☐ Mixed Doubles \$4

Partner _____ Age _____

Mixed _____ Age _____

Target Shooting

☐ 50 yards Open/Iron Sight \$4

☐ 50 yards Telescopic Sight \$4

Track and Field * (maximum five events)

☐ 50M Dash \$4

☐ 100M Dash \$4

☐ 200M Dash \$4

☐ 400M Dash \$4

☐ 800M Run \$4

☐ 1500M Run \$4

☐ Shot Put \$4

☐ Discus \$4

☐ Javelin \$4

☐ Long Jump \$4

Swimming/Track Seed Times

Event _____ Time _____

Event _____ Time _____

Event _____ Time _____

Event _____ Time _____

Event _____ Time _____

Fee Section

Registration Fee (per person) \$13

of events _____ x \$4 = \$_____

Become a Friend of GCGFL

Contribute \$10 or more \$_____

Total \$_____

* Note: The sports with an asterisk are sports of the National Senior Games.

Registration Final Checklist

☐ I have added up all of my event(s) and have completed the fee section.

☐ I have included a check or money order for the total amount.

☐ I have indicated who my doubles partner is, where applicable.

LOCATIONS

CITY OF NORTH PORT

George Mullen Activity Center

1602 Kramer Way, North Port

Events: Archery, Bag Toss (Corn Hole)

Morgan Family Community Center

6207 W. Price Blvd., North Port

Event: 5K Road Race

MANATEE COUNTY

Bowlero Bradenton

4208 Cortez Road W., Bradenton

Event: Bowling

G.T. Bray Park

5502 33rd Ave. Drive W., Bradenton

Event: Pickleball

Participant medal pickup location

Manatee County Golf Course

6415 53rd Ave. W., Bradenton

Event: Golf

Saint Stephen's Episcopal School

315 41st St. W., Bradenton

**Events: Race Walk/Power Walk,
Track and Field**

SARASOTA COUNTY

Englewood Sports Complex

1300 S. River Road, Englewood

Event: Table Tennis

Hecksher Park

450 W. Venice Ave., Venice

Event: Shuffleboard

Knight Trail Park

7750 Target Trail, Nokomis

Event: Target Shooting

Longwood Park

6050 Longwood Run Blvd., Sarasota

Event: Basketball Shooting

Myakka River State Park

13208 State Road 72, Sarasota

Event: Cycling

Nathan Benderson Park

5851 Nathan Benderson Circle, Sarasota

Event: Rowing and Paddle

Pompano Trailhead

601 S. Pompano Ave., Sarasota

**Registration office and participant
medal pickup location**

Sarasota City YMCA

1075 S. Euclid Ave., Sarasota

Event: Racquetball

Selby Aquatic Center

8501 Potter Park Drive, Sarasota

Event: Swimming

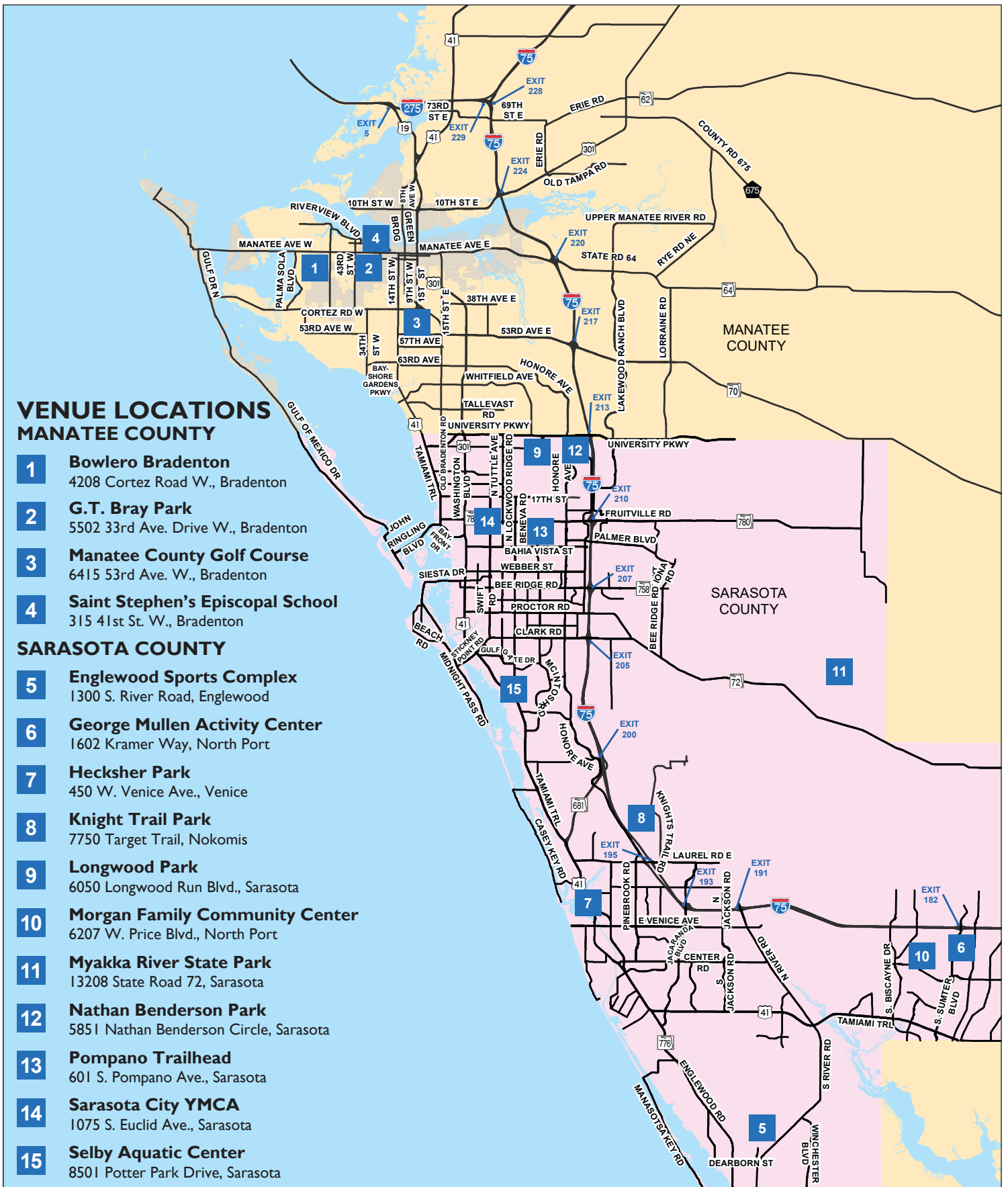


VENUE LOCATIONS MANATEE COUNTY

- 1 Bowlero Bradenton**
4208 Cortez Road W., Bradenton
- 2 G.T. Bray Park**
5502 33rd Ave. Drive W., Bradenton
- 3 Manatee County Golf Course**
6415 53rd Ave. W., Bradenton
- 4 Saint Stephen's Episcopal School**
315 41st St. W., Bradenton

SARASOTA COUNTY

- 5 Englewood Sports Complex**
1300 S. River Road, Englewood
- 6 George Mullen Activity Center**
1602 Kramer Way, North Port
- 7 Hecksher Park**
450 W. Venice Ave., Venice
- 8 Knight Trail Park**
7750 Target Trail, Nokomis
- 9 Longwood Park**
6050 Longwood Run Blvd., Sarasota
- 10 Morgan Family Community Center**
6207 W. Price Blvd., North Port
- 11 Myakka River State Park**
13208 State Road 72, Sarasota
- 12 Nathan Benderson Park**
5851 Nathan Benderson Circle, Sarasota
- 13 Pompano Trailhead**
601 S. Pompano Ave., Sarasota
- 14 Sarasota City YMCA**
1075 S. Euclid Ave., Sarasota
- 15 Selby Aquatic Center**
8501 Potter Park Drive, Sarasota



Map published using ArcGIS 10.7 by Jfrench on Friday, November 18, 2022

Gulf Coast Games for Life

Sarasota County Parks, Recreation and Natural Resources

601 S. Pompano Ave.

Sarasota, FL 34237



See you next year...

Gulf Coast Games for Life 2027